Youth Advisory Committee

Minutes of a Meeting of the Youth Advisory Committee held at The Collective in St. Albert on the above date at 6:46 p.m.

Present:

K. Ferguson

K. Love

C. Fregene

L. Kachkar

E. Brooks

Absent:

O. deBourcier Councillor Watkins C. Hajek

Staff:

Ben Biermann, Administrative Assistant, Community Services
Jennifer Becker, Youth Asset Development Coordinator, Community Services

TREATY STATEMENT

The Treaty Statement was read by L. Kachkar

ADOPTION OF AGENDA

Moved by L. Kachkar

That the agenda be adopted as amended by removing the Transit presentation and Jack.org and Amplify presentations be added.

CARRIED

ADOPTION OF MINUTES

The Chair declared minutes of November 6, 2019 adopted as presented.

PRESENTATION BY SAFA KHAN FROM JACK.ORG

A presentation was given to the committee on the programs that Jack.org offers, the committee may be interested in participating in one of the three programs presented:

- Jack Chapters- Mental health advocacy clubs where youth identify barriers in mental health in their communities and plan initiatives to address these barriers.
- Jack Talks- This program trains youth volunteers (ages 18 to 26) to deliver mental health presentations to youth audiences to reduce stigma, provide tools on supporting our own and our peers' mental health, and getting involved in youth mental health advocacy.



 Jack Summits- Large youth-led gatherings that bring together hundreds of young mental health advocates to learn from each other and make positive change for youth mental health.

AMPLIFY PRESENTATION

Amplify Committee Members Morgan Goodall and Eyra Neraasen presented an update on Amplify including a summary of the recent festival held in October 2019 and made mention of the possibility of funding cuts to the program.

YOUTH DEVELOPMENT POLICY

J. Becker requested feedback from the Committee on the current Youth Development Policy for the City of St. Albert. A discussion was held and feedback on the policy will be sent back to Connie Smigielski.

COUNCIL UPDATE

No update was given as Councilor Watkins was not in attendance.

ROUND TABLE

The committee provided information on items of general interest.

NEXT MEETING DATE – December 4, 2019, 6:45 p.m.

ADJOURNMENT

The Chair declared the meeting adjourned at 8:30 p.m.

CHAIR

DESIGNATED OFFICER

