

Minutes of a Meeting of the Seniors' Advisory Committee held in the Douglas Cardinal Boardroom and remotely via Zoom, on the above date at 6:30 p.m.

Present

Councillor Hughes
S. Brown
S. Clemens - Chair
G. Ewert
S. Friedenthal – Vice Chair
L. Jack
M. Langman

Absent

A. Urbina

Staff

T. Boonstra, Staff Liaison
R. McDonald, Legislative Officer

Call to Order

The Chair called the meeting to order at 6:30 p.m. and welcomed committee members.

Land Acknowledgement

T. Boonstra read the Treaty Acknowledgement statement.

Adoption of the Agenda

The Chair declared the October 16, 2024, agenda adopted as amended with the addition of item #11 - Safety and Fall Prevention.

Adoption of Minutes

The Chair declared the minutes of March 20, 2024, adopted as presented.

Round Table Updates

S. Clemens provided an update to the Committee in regard to the June 11, 2024, Standing Committee of the Whole Meeting. S. Clemens attended and answered questions of the committee on the Volunteer Opportunity Awareness Initiatives and/or Programs agenda item.

Seniors/Elders Service Award Launch Details

T. Boonstra provided an update to the committee regarding the Senior/Elders Service Award launch in November. The call for nominations will start November 1, 2024. Applications will be accepted until March 1, 2025. The campaign runs

from November 4, 2024, to June 2025. The proposed implementation plan, timeline and details were discussed in detail.

Civic Committee Recruitment

S. Clemens provided information to the committee on the Civic Agency Annual Intake, recruitment and process, and is currently taking applications. S. Clemens and S. Friedenthal met with Legislative Services to provide input into the interview matrix for the Seniors' Advisory Committee applicants. Closing date for applying is Monday October 21, 2024. Interviews are scheduled for Saturday November 2, 2024.

Housing Coalition of St. Albert Update

S. Friedenthal provided an update to the Committee and shared the information collected from the Housing Coalition meetings attended since March 2024. The next meeting is scheduled for October 17, 2024.

Older Adult Working Group Update

L. Jack provided an update to the Committee on the Older Adult Working Group meetings attended since March 2024. Meeting topics centered around transportation costs for seniors, age friendly resources, seniors' programs, home support and Seniors Week that was held the 1st week of June.

L. Jack acknowledged T. Boonstra for her dedication, time, support and knowledge working with the Older Adult Working Group and as Staff Liaison with the Seniors' Advisory Committee.

Scams & Frauds Awareness & Prevention Education

L. Jack provided information to the committee on firsthand incidences of telemarketing scams and fraud that had taken place over the past few months. L. Jack cannot stress enough the awareness and education needed for residents and in particular, seniors within our community to keep from being victimized.

Staff Liaison Update

T. Boonstra provided an update to the committee on items of general interest including the Community Social Road Map

<https://stalbert.ca/city/fcss/publications/social-roadmap/>, the New Older Adults and Seniors website <https://stalbert.ca/city/fcss/programs-services/seniors/>, the new 211 Resource sheet, an intergenerational connection initiative partnering youth and seniors that will foster a commitment to combat ageism together.

Additional updates included an upcoming training opportunity on Mental Health First Aid Supporting Older Adults and the coordination of information/workshops for Older Adults. T. Boonstra asked the committee to provide topics that they would like to see at the upcoming information workshops.

Item #11 - Safety and Fall Prevention

L. Jack led a discussion on safety and fall prevention for seniors.

Next Meeting Date

Wednesday November 20, 2024 @ 6:30 p.m.

Adjournment

The Chair declared the meeting adjourned at 8:05 p.m.

CHAIR

DESIGNATED OFFICER