

SELECTED ROUTE DISTANCES

ROUTE	DISTANCE	ROUTE DESCRIPTION
1	2.1 km	Larose Drive
2	16.0 km	10 Mile Road Race
3	6.3 km	Fountain Park - Woodlands - Sturgeon
4	1.6 km	Woodlands - Willoughby
5	5.5 km	Giroux - Liberton - McKenney - Laydon
6	5.6 km	Sir Winston - Levasseur - Grandin
7	6.6 km	Sunset - Arlington - Akins - Boudreau - Forest
8	4.2 km	Porier - Campbell - Boudreau - Sir Winston
9	2.9 km	Grenfell - Grosvenor - Gainsborough
10	9.7 km	St. Albert Place - Braeside Ravine - Pineview
11	8.6 km	St. Albert Place - Grandin - Heritage Lakes - Trails
12	6.8 km	St. Albert Place - Trails - Boudreau - Giroux - Dawson - McKenney - Return to St. Albert Place
13	11.7 km	St. Albert Place - Trails to Kingswood - Sir Winston - Poirier - Ravine - Return to St. Albert Place
14	11.0 km	St. Albert Place - Trails to Oakmont Footbridge - Oakridge - Boudreau - Giroux - Lacombe Lake - Return to SAP
15	4.7 km	Deer Ridge - Giroux - Hogan - Return to Deer Ridge
16	5.9 km	St. Albert Place - Trails to Ray Gibbon Drive - Hogan - Meadow view - Return to St. Albert Place
17	23.3 km	Around St. Albert
18	0.6 km	Around Lacombe Park Lake

TRAIL ETIQUETTE & SAFETY

The trails in St. Albert are for the enjoyment of all who use them. However, respect for other users and a recognition of their needs as well as your own will lead to a greater enjoyment of the facilities

Warn Others When Passing

Stay to the right. If you're on a bike, ring your bell well in advance of reaching people you plan to pass. If you're on in-line skates, slow down and consider carrying a whistle to warn of your presence.

Leash Your Dog

In designated On Leash Areas, all dogs must be kept on a leash and under complete control of their handlers. These areas include all Red Willow Park trails (including one metre on either side of the paved surface), school grounds and tot lots, and all other spaces marked as On Leash Areas.

Respect the Needs of Others

Red Willow Park trails provide opportunities for all. Lead by example; help teach other trail users the proper etiquette.

Cyclists and in-line skaters, wear a helmet. Whether you're out for a leisurely walk, skiing in midwinter or training for a marathon, please be safe.

Plan to carry water with you or stop at locations that have drinking water.

In Case of an Emergency Call 911 to get assistance from the RCMP/EMS, or call 780-460-6200 to reach someone at the Sturgeon Community Hospital.